



“AND THEN, BOYS AND GIRLS, OUR LOVING FATHER  
TROWS ALL OF THOSE UNBELIEVERS INTO THE FIRES OF HELL  
WHERE THEY'RE UNBEARABLY TORTURED FOREVER AND EVER.  
NOW WHO'S READY FOR A SNACK?”

# RECOVERY FROM RELIGION

Toxic Theology, PTSD, and the Road to Healing

April 6-9, 2016—Minneapolis, MN

## Religion plays a major role in the lives of millions.

Sometimes this formation is positive. But far too often it's not. Theological systems that foster trauma or abuse, are all too common in the Christian experience.

Some hallmarks of such a theology are:

- a violent God
- threats of torture in Hell
- focus on the basic badness of humanity
- rejection of certain types of people (for example LGBT people) by God.

Using lectures, panel discussions, artistic presentations, and contemplative practices, we will address this important issue and explore ways to recover and heal.

For More information go to [www.micahprays.org](http://www.micahprays.org).

*This conference is for healthcare professionals, clergy, and anyone whose life has been touched by a negative religious message, either personally or through the experience of a close relationship.*

Sponsored by MICAHA, the Minnesota Institute of Contemplation and Healing.